



## **OPTIONELLE® FACT SHEET**

#### WHAT IS OPTIONELLE®?

OPTIONELLE® is the emergency contraceptive pill, trusted by women and healthcare providers.

OPTIONELLE® contains 1.5mg of levonorgestrel, an ingredients that is also commonly found in birth control pills.

#### **HOW DOES IT WORK?**

If taken within 72 hours of unprotected sex or following a contraceptive accident, OPTIONELLE® works by:

- Stopping ovulation temporarily
- Preventing Fertilization
- Preventing implantation

OPTIONELLE® won't protect against HIV /AIDS or other sexually transmitted diseases

#### WHEN SHOULD OPTIONELLE® BE TAKEN?

OPTIONELLE® must be taken within 72 hours after unprotected sex or birth control failure. The sooner you take it, the better it works.

#### WHAT IS BIRTH CONTROL FAILURE?

Birth control failure includes, but is not limited to, forgetting to take your birth control pill, a condom breaking or falling off during sex, using an expired condom, or not using a condom at all.

### OPTIONELLE® IS NOT THE ABORTION PILL.

OPTIONELLE® helps prevent pregnancy before it starts. It is not an abortion pill and will not be effective if a women is already pregnant.

OPTIONELLE® will not harm an existing pregnancy.



### IS THERE A LIMIT TO HOW MANY TIMES YOU CAN TAKE OPTIONELLE® IN A YEAR?

OPTIONELLE® emergency contraception should not be used as a regular method of birth control. However, if you have already used OPTIONELLE®, it can be safely used again after another instance of unprotected sex or birth control failure. It will not impact a woman's future fertility.

OPTIONELLE® doesn't provide long-term protection against future pregnancy - it works to help prevent pregnancy after only one act of unprotected sex or birth control failure.

#### WHO CAN PURCHASE OPTIONELLE®

Any person, regardless of gender or age can purchase OPTIONELLE®. No Prescription or ID is required, and there is no age restriction for purchase.

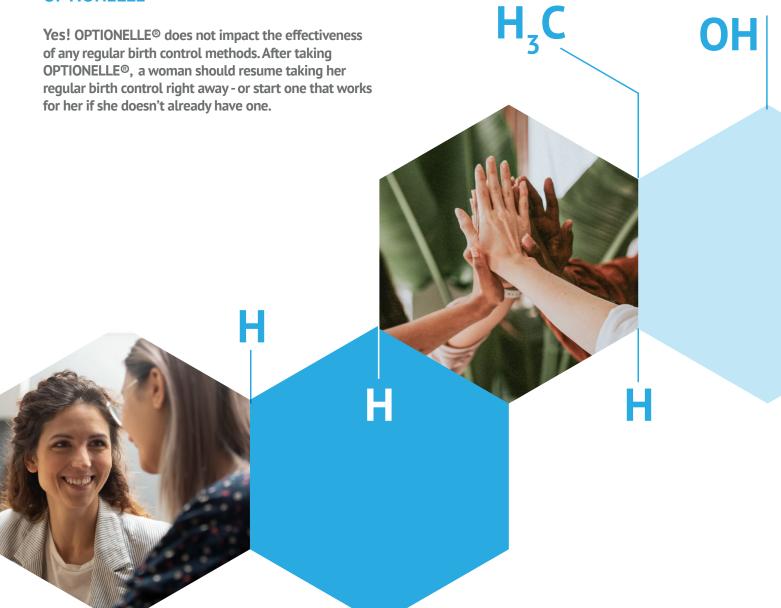
## CAN WOMAN CONTINUE TO TAKE HER REGULAR BIRTH CONTROL AFTER TAKING OPTIONELLE®

#### **DOES OPTIONELLE® EXPIRE?**

OPTIONELLE® typically has a shelf life of four years when stored as directed. Women should always check the expiration date on the outside of the box prior to taking OPTIONELLE®.

#### I HAD ANOTHER INCIDENT OF UNPROTECTED SEX THE DAY AFTER TAKING OPTIONELLE® AM I STILL COVERED?

OPTIONELLE® only stays in your body for a short amount of time. It doesn't provide long-term protection against future pregnancy after only one incident of unprotected sex. If you are sexually active, even occasionally, see your healthcare professional of visit a family planning centre/clinic to find a regular method of birth control that suits you.



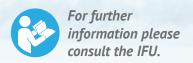


# WILL OPTIONELLE® IMPACT A WOMAN'S ABILITY TO GET PREGNANT IN THE FUTURE?

No! OPTIONELLE® will not impact a woman's ability to get pregnant in the future.

## WHAT ARE SOME POSSIBLE SIDE EFFECTS OF OPTIONELLE®

OPTIONELLE® is safe and effective. Some women may experience side effects from taking OPTIONELLE® but they tend to be mild. Possible side effects include a period that's lighter, heavier, early or late, nausea, lower abdominal pain/cramps, tiredness, headache, dizziness, breast tenderness or vomiting.





#### **CONTACT US**

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